

Rigor in the Standards- Conceptual Understanding

Handout, High School

Rigor in the Standards

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“To help students meet the expectations of the Standards, educators will need to pursue, with equal intensity, three aspects of rigor: (1) conceptual understanding, (2) procedural skill and fluency, and (3) applications. The word “rigor” isn’t a code word for just one of these three; rather, it means equal intensity in all three. The word “understand” is used in the Standards to set explicit expectations for conceptual understanding, and the phrase “real-world problems” and the star symbol (★) are used to set expectations and flag opportunities for applications and modeling. (Modeling is a Standard for Mathematical Practice as well as a content category in High School.) The High School content standards do not set explicit expectations for fluency, but fluency is important in high school mathematics.” —*High School Publishers' Criteria for the Common Core State Standards for Mathematics*

At UnboundEd, we’ve studied the state standards, spent time in classrooms, and looked at work done by other organizations to form an understanding of these three aspects of rigor that we think is most useful for educators to understand the standards and shift their practice. So while the words *understand*, *fluently*, and *real-world problems* do indicate the three aspects of rigor, they are not comprehensive. We’ve come to associate conceptual understanding with higher order thinking skills, working with multiple representations, and teaching more than just computational procedures. Procedural skills are about students accurately performing core functions required for grade-level mathematics; fluency is explicitly called for in certain standards and implies efficiency. Application can be thought of generally as problem solving, in real-world or mathematical contexts. For example, the words *recognize* or *compare* can be used to indicate conceptual understanding, *count* can indicate procedural skill and fluency, and *solve addition and subtraction word problems* can be used to indicate application. Nevertheless, the example standards here that indicate an aspect of rigor should be used as examples and are not meant to be a checklist or keyword indicators.

Additional Aspects of the Rigor and Balance Criterion from the *High School Publishers' Criteria*:

(1) The three aspects of rigor are not always separate in materials. (Conceptual understanding needs to underpin fluency work; fluency can be

practiced in the context of applications; and applications can build conceptual understanding.)

(2) Nor are the three aspects of rigor always together in materials. (Fluency requires dedicated practice to that end. Rich applications cannot always be shoehorned into the mathematical topic of the day. And conceptual understanding will not come along for free unless explicitly taught.)

Conceptual Understanding

“Developing students’ conceptual understanding of key mathematical concepts, especially where called for in specific content standards or cluster headings. Materials amply feature high-quality conceptual problems and questions. This includes brief conceptual problems with low computational difficulty (e.g., ‘What is the maximum value of the function $f(t) = 5 - t^2$?’); brief conceptual questions (e.g., ‘Is $\sqrt{2}$ a polynomial? How about $\frac{1}{2}(x + \sqrt{2}) + \frac{1}{2}(-x + \sqrt{2})$?’); and problems that involve identifying correspondences across different mathematical representations of quantitative relationships.⁵ Classroom discussion about such problems can offer opportunities to engage in mathematical practices such as constructing and critiquing arguments (MP.3). In the materials, conceptual understanding is attended to most thoroughly in those places in the content standards where explicit expectations are set for understanding or interpreting. Such problems and activities center on fine-grained mathematical concepts, such as the correspondence between an equation and its graph, solving equations as a process of answering a question, analyzing a nonlinear equation $f(x) = g(x)$ by graphing f and g on a single set of axes, etc. Conceptual understanding of key mathematical concepts is thus distinct from applications or fluency work, and these three aspects of rigor must be balanced as indicated in the Standards.”

—High School Publishers’ Criteria for the Common Core State Standards for Mathematics

The *High School Publishers’ Criteria* sets expectations for materials to reflect the appropriate aspect of rigor called for in the Standards. In order to ensure instruction reflects the appropriate aspect of rigor, first, we must unpack what rigor looks like in the standards and how instruction might reflect this aspect of rigor. The table below identifies the main goal and effective instructional strategies for building conceptual understanding.

Conceptual Understanding

Main goals:	Effective instructional strategies:
<ul style="list-style-type: none"> ● Introduce concepts. ● Emphasize sensemaking instead of answer-getting. ● Uncover and unscramble common misconceptions. 	<ul style="list-style-type: none"> ○ Discussion and reflection: Students build their own understanding through experience, discussion, explaining, justifying, and/or reflection; teacher facilitates through questioning and making connections. ○ Manipulatives and visual models: Deepen knowledge of concepts before moving to abstract representations. ○ Multiple representations: Provide opportunities for students to experience and work between different representations of the same content (e.g., table, graph) ○ Error analysis: Target common misconceptions by determining if a mistake exists; explain the mistake.

Source: **Achievement Network**

<https://static1.squarespace.com/static/5321dc4ae4b0c72ad0ceedfe/t/59c4179537c5811bd8d9000c/1506023318140/Instructional+Approaches+for+Math+Rigor.pdf>

Retrieved Nov. 9, 2018

The examples below are standards within high school grades that indicate conceptual understanding. Each example provided highlights language in the standard that indicates the aspect of rigor, rationale for why this standard indicates the aspect of rigor, other standards that similarly reflect the aspect of rigor in this grade band, and additional information that helps to articulate the nuance of the Standards and helps to paint a more complete picture of the aspect of rigor for this grade band. Language in the standard that reflects a different aspect of rigor than the one being highlighted has been *grayed*.

Language of the standards that indicates conceptual understanding:

Explain

G-CO.B.8 **Explain how the criteria** for triangle congruence (ASA, SAS, and SSS) **follow from the definition** of congruence **in terms of** rigid motions.

Rationale:

Addresses the conceptual understanding aspect of rigor because explaining why the triangle congruence criteria work requires deep understanding of congruence in terms of rigid motions. In G-CO.B.8, students use the definition of congruence to explain the criteria for triangle congruence.

Standards:

N-RN.A.1, S-IC.B.3

More to know:

A-REI.A.1 indicates conceptual understanding in multiple ways. Conceptual understanding is indicated in the standard by the language:

- A-REI.A.1: **Explain each step** in solving a simple equation as following from the equality of numbers asserted at the previous step, starting from the assumption that the original equation has a solution. **Construct a viable argument to justify** a solution method.

Explaining each step in solving an equation and constructing a viable argument to justify the method of solving an equations demonstrates conceptual understanding.

A-SSE.B.3 indicates both conceptual understanding and procedural skills and fluency. Conceptual understanding is indicated in the standard by the language:

- A-SSE.B.3: *Choose and produce an equivalent form of an expression to reveal and explain properties of the quantity represented by the expression.**

Explaining how the properties of equivalent expressions are related demonstrates conceptual understanding.

Language of the standards that indicates conceptual understanding:

Understand

F-IF.A.1 **Understand** that a function from one set (called the domain) to another set (called the range) assigns to each element of the domain exactly one element of the range. If f is a function and x is an element of its domain, then $f(x)$ denotes the output of f corresponding to the input x . The graph of f is the graph of the equation $y = f(x)$.

Rationale:

Addresses the conceptual understanding aspect of rigor because students must understand, fundamentally, what a function is. In F-IF.A.1, students recognize that function notation represents the assignment of a domain to a particular range.

Standards:

A-REI.D.10, G-SRT.C.6

More to know:

A-APR.A.1 indicates both conceptual understanding and procedural skill and fluency. Conceptual understanding is indicated in the standard with the language:

- A-APR.A.1: **Understand** that polynomials **form a system analogous** to the integers, namely, they are closed under the operations of addition, subtraction, and multiplication; *add, subtract, and multiply polynomials.*

Conceptual understanding the analogous relationship of operating with integers and operating with polynomials is used to perform operations with polynomials.

Language of the standards that indicates conceptual understanding:

Interpret/Distinguish/Use...to decide

S-ID.C.7 **Interpret** the slope (rate of change) and the intercept (constant term) of a linear model in the context of the data.

Rationale:

Addresses the conceptual understanding aspect of rigor because, rather than merely calculating slope, students must interpret the meaning of the different components of the representation in context. In S-ID.C.7, students interpret a linear model, including specifically determining the meaning of slope and the intercept within the context of the data.

Standards:

A-SSE.A.1, A-SSE.A.1.A, A-SSE.A.1.B, S-ID.C.9

More to know:

G-SRT.A.2 indicates conceptual understanding in multiple ways. Conceptual understanding is indicated in the standard by the language:

- G-SRT.A.2: *Given two figures, **use the definition** of similarity in terms of similarity transformations **to decide** if they are similar; **explain using** similarity transformations the meaning of similarity for triangles as the equality of all corresponding pairs of angles and the proportionality of all corresponding pairs of sides.*

Using definitions to interpret two figures as being similar and then explaining the meaning of similarity for triangles demonstrates conceptual understanding.

F-IF.B.6 indicates both conceptual understanding and procedural skill and fluency. Conceptual understanding is indicated in the standard with the language:

- F-IF.B.6: *Calculate and **interpret the average rate of change of a function** (presented symbolically or as a table) over a specified interval. Estimate the rate of change from a graph.**

Interpreting the average rate of change after calculating it demonstrates conceptual understanding.

Language of the standards that indicates conceptual understanding:

Prove/Derive/Construct a Viable Argument/Verify

G-SRT.B.4 **Prove** theorems about triangles. *Theorems include: a line parallel to one side of a triangle divides the other two proportionally, and conversely; the Pythagorean Theorem proved using triangle similarity.*

Rationale:

Addresses the conceptual understanding aspect of rigor because, rather than merely finding missing angles or sides in triangle diagrams, students must employ the higher order, logical thinking associated with proofs. In G-SRT.B.4, students prove theorems about triangles.

Standards:

G-CO.C.9, G-CO.C.10, G-CO.C.11

More to know:

A-REI.B.4.A indicates both conceptual understanding and procedural skill and fluency. Conceptual understanding is indicated in the standard with the language:

- A-REI.B.4: Use the method of completing the square to transform any quadratic equation in x into an equation of the form $(x - p)^2 = q$ that has the same solutions. **Derive the quadratic formula from this form.**

After using the completing the square algorithm, students derive the quadratic formula formula. This gives conceptual understanding of the formula that students will use later and requires higher level thinking beyond mere use of the formula to solve equations. .

Language of the standards that indicates conceptual understanding:

Recognize / Identify

F-IF.A.3 **Recognize** that sequences are functions, sometimes defined recursively, whose domain is a subset of the integers. *For example, the Fibonacci sequence is defined recursively by $f(0) = f(1) = 1$, $f(n+1) = f(n) + f(n-1)$ for $n \geq 1$.*

Rationale:

Addresses conceptual understanding because students must deeply understand what functions are in order to recognize that sequences are functions; computation or problem solving are not emphasized here, only a focus on understanding the relationship between functions and sequences. In F-IF.A.3, students transfer their knowledge of functions to better understand sequences.

Standards:

A-SSE.A.2

More to know:

S-IC.B.3 indicates conceptual understanding in multiple ways. Conceptual understanding is indicated in the standard by the language:

- S-IC.B.3: **Recognize the purposes of and differences among sample surveys, experiments, and observational studies; explain** how randomization relates to each.

Transferring knowledge of randomization to statistical experiments to understand and explain the purposes and differences between them demonstrates conceptual understanding.

A-APR.B.3 indicates both conceptual understanding and procedural skill and fluency. Conceptual understanding is indicated in the standard with the language:

- A-APR.B.3: **Identify zeros of polynomials when suitable factorizations are available, and use the zeros to construct a rough graph of the function defined by the polynomial.**

Conceptual understanding of the relationship between zeros and factors of polynomials is required in order to identify zeros of polynomials by factoring; this moves beyond performing the basic procedure of factoring. The knowledge of zeros enhances the understanding of factorizations.

Rigor in the Standards- Application

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Application

“Allowing teachers and students using the materials as designed to spend sufficient time working with engaging applications/modeling. Materials include an ample number of contextual problems that develop the mathematics of the course, afford opportunities for practice, and engage students in problem solving. Materials also include problems in which students must make their own assumptions or simplifications in order to model a situation mathematically. Applications take the form of problems to be worked on individually as well as classroom activities centered on application scenarios. Materials attend thoroughly to those places in the content standards where expectations for multi-step and real-world problems are explicit. Students learn to use the content knowledge and skills specified in the content standards in applications, with particular stress on applying widely applicable work. Problems and activities show a sensible tradeoff between the sophistication of the problem and the difficulty or newness of the content knowledge the student is expected to bring to bear. Note that modeling is a mathematical practice in every grade, but in high school it is also a content category (CCSSM, pp. 72, 73); therefore, modeling is prominent and enhanced in high school materials, with more elements of the modeling cycle present (CCSSM, p. 72). Finally, materials include an ample number of high-school-level problems that involve applying key takeaways from grades K–8; see Table 1. For example, a problem in which students use reference data to determine the energy cost of different fuels might draw on proportional relationships, unit conversion, and other skills that were first introduced in the middle grades, yet still be a high-school level problem because of the strategic competence required.” — *High School Publishers’ Criteria for the Common Core State Standards for Mathematics*

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Application	
Main goals:	Effective instructional strategies:
<ul style="list-style-type: none"> ● Apply skills and understandings to: new situations, other subject areas, real-world and problem-solving situations. 	<ul style="list-style-type: none"> ○ Problem-solving opportunities: Provide time for student to work on tasks independently, with a partner, or in small groups with consistent teacher feedback. ○ Share multiple solution methods: Facilitate classroom discussions where students share, explain, and justify a variety of problem solving strategies and/or solutions. ○ Intentionally integrate content: Provide learning opportunities for students to apply their knowledge of multiple standards, clusters, or domains.
<p>Source: Achievement Network https://static1.squarespace.com/static/5321dc4ae4b0c72ad0ceedfe/t/59c4179537c5811bd8d9000c/1506023318140/Instructional+Approaches+for+Math+Rigor.pdf Retrieved Nov. 9, 2018</p>	

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Language of the standards that indicates application:	
Apply/In applied G-SRT.C.8 Use trigonometric ratios and the Pythagorean Theorem to solve right triangles in applied problems.*	
Rationale:	Addresses application because students apply skills and understandings to real-world and problem-solving situations. In G-SRT.C.8, students apply their knowledge of trigonometric ratios and the Pythagorean Theorem to solve applied problems involving right triangles.
Standards:	G-MG.A.3
More to know:	G-MG.A.2 indicates application in multiple ways. Application is indicated in the standard by the language: <ul style="list-style-type: none"> ● G-MG.A.2: Apply concepts of density based on area and volume in modeling situations (e.g., persons per square mile, BTUs per cubic foot).* Geometric concepts are applied in modeling situations.

Language of the standards that indicates application:	
Model F-TF.B.5 ⁺ Choose trigonometric functions to model periodic phenomena with specified amplitude, frequency, and midline.	
Rationale:	Addresses application because students apply skills and understandings to model real world situations involving periodic phenomena. While F-TF.B.5 could also be regarded as a conceptual understanding standard, it is an example of students modeling periodic phenomena using the key features of trigonometric functions.
More to know:	F-BF.A.2 indicates both procedural skill and fluency and application. Application is indicated in the standard with the language: <ul style="list-style-type: none"> ● F-BF.A.2: Write arithmetic and geometric sequences both recursively and with an explicit formula, use them to model situations, and translate between the two forms. Writing arithmetic and geometric sequences, as an isolated skill, can be thought of as procedural. It becomes associated with the application aspect when these sequences are used to model real-world situations.

⁺ Identified with a (+) in the Standards: “Additional mathematics that students should learn in order to take advanced courses such as calculus, advanced statistics, or discrete mathematics”

Rigor in the Standards- Procedural Skills and Fluency

Handout, High School

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Procedural Skills and Fluency

“Giving attention throughout the year to procedural skill and fluency. In higher grades, algebra is the language of much of mathematics. Like learning any language, we learn by using it. Sufficient practice with algebraic operations is provided so as to make realistic the attainment of the Standards as a whole; for example, fluency in algebra can help students get past the need to manage computational details so that they can observe structure (MP.7) and express regularity in repeated reasoning (MP.8). Progress toward procedural skill and fluency is interwoven with students’ developing conceptual understanding of the operations in question. Manipulatives and concrete representations are connected to the written and symbolic methods to which they refer. As well, purely procedural problems and exercises are present. These include cases in which opportunistic strategies are valuable, as in solving $(3x - 2)2 = 6x - 4$, as well as an ample number of generic cases so that students can learn and practice efficient and general methods (e.g., solving $c + 8 - c^2 = 3(c - 1)^2 - 5$). Methods and algorithms are general and based on principles of mathematics, not mnemonics or tricks.” *High School Publishers’ Criteria for the Common Core State Standards for Mathematics*

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Procedural Skills and Fluency

Main goals:	Effective instructional strategies:
<ul style="list-style-type: none"> ● Learn or develop algorithms. ● Execute procedures accurately and efficiently. ● Learn how to use models or tools. 	<ul style="list-style-type: none"> ○ Connect procedures to conceptual understanding: Link algorithms to concepts, help students understand the “why” behind the procedure. ○ Explicit instruction: I Do, We Do, You Do, teacher “Think Aloud,” or teacher modeling. ○ Practice: Spiraled or distributed practice with consistent teacher feedback to lead to fluency.
<p>Source: Achievement Network https://static1.squarespace.com/static/5321dc4ae4b0c72ad0ceedfe/t/59c4179537c5811bd8d9000c/1506023318140/Instructional+Approaches+for+Math+Rigor.pdf Retrieved Nov. 9, 2018</p>	

The examples below are standards within high school grades that indicate procedural skills and fluency. Each example provided highlights language in the standard that indicates the aspect of rigor, rationale for why this standard indicates the aspect of rigor, other standards that similarly reflect the aspect of rigor, and additional information that helps to articulate the nuance of the Standards and helps to paint a more complete picture of rigor for this grade band. Language in the standard that reflects a different aspect of rigor than the one being highlighted has been *grayed*.

Language of the standards that indicates procedural skills and fluency:

Solve/Find

A-REI.B.3 **Solve** linear equations and inequalities in one variable, including equations with coefficients represented by letters.

Rationale:

Addresses procedural skills and fluency because students are expected to perform algebraic manipulations in order to solve equations and inequalities. In *A-REI.B.3*, students are expected to be fluent in solving various types of linear equations and inequalities in one variable.

Standards:

A-REI.B.4, *G-GPE.B.6*

More to know:

A-REI.B.4.B indicates both procedural skill and fluency and conceptual understanding. Procedural skill and fluency is indicated in the standard with the language:

- *A-REI.B.4.B: **Solve quadratic equations by inspection** (e.g., for $x^2 = 49$), **taking square roots, completing the square, the quadratic formula and factoring**, as appropriate to the initial form of the equation. **Recognize when the quadratic formula gives complex solutions and write them as $a \pm bi$ for real numbers a and b .***

Students solve quadratic equations with various methods that require algebraic manipulations and computational techniques.

Language of the standards that indicates procedural skills and fluency:

Calculate / Evaluate / Compute / Graph/Make

G-GPE.B.7 Use coordinates to **compute** perimeters of polygons and areas of triangles and rectangles, e.g., using the distance formula.*

Rationale:	Addresses procedural skills and fluency because students use procedures to compute a particular value(s). In <i>G-GPE.B.7</i> , students use the coordinate geometry to compute the perimeters and areas of geometric figures.
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Standards:	A-REI.D.12, G-CO.D.12
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Language of the standards that indicates procedural skills and fluency:

Write/Rewrite/Arrange/Rearrange/

N-RN.A.2 **Rewrite** expressions involving radicals and rational exponents using the properties of exponents.

Rationale:	Addresses procedural skill and fluency because students use the exponent properties to symbolically manipulate expressions, including performing core operations like multiplication. In <i>N-RN.A.2</i> students use structure from properties of exponents to rewrite expressions with radicals and rational exponents.
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Standards:	A-SSE.B.3.A, A-SSE.B.3.B, A-SSE.B.3.C, A.CED.A.4
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